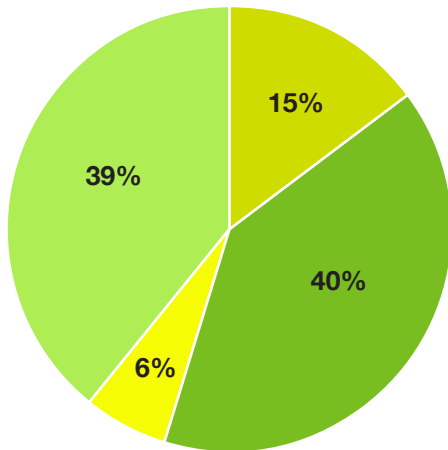


MindEd: A year in review (April 2020 to April 2021)

MindEd offers more than 500 free open access elearning sessions about the mental health of children, young people, adults and older people.

www.minded.org.uk

Record breaking **50,265** session launches in May 2020.



■ Education ■ Health ■ Social Care ■ Other


MindEd offers content applicable across the health, social care, education, criminal justice and community settings. It is aimed at anyone from beginner through to specialist.



1 in 4 people have a mental health disorder.



¾ of adult mental health disorders in evidence by the age of 21.



"Very easy to use, stimulating and informative. Brilliant supportive videos and websites."
Support Worker

"This has whetted my appetite for more study!"
Care Worker

"Great overview of Adverse Childhood Experiences, I've already got some ideas for how I can be more trauma sensitive and help my students."
Teacher

"I thought the course was really interesting and very relatable to some children I work closely with. It has widened my knowledge."
Teaching Assistant

MindEd consortium members

